



**UKRAINIAN ASSOCIATION  
OF CONTINUING  
PROFESSIONAL EDUCATION  
OF DOCTORS  
AND PHARMACISTS**

# **METACOGNITIVE PROCESSES IN CLINICAL PRACTICE: AN INTERNATIONAL SYMPOSIUM**

28 February, 2 March 2026, Grand Plaza Hotel, Ljubljana

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## SCIENTIFIC PROGRAM

### 28 February 2026

12:30 - 13:30

**Topic:** Depression Treatment from a Holistic Perspective: Antidepressants and Therapies

**Moderator:** Nataša Jokić-Begić

**Speaker:** Gregor Žvelc

13:30 - 14:30

**Topic:** Integrating Metacognitive Therapies into European Health Systems

**Moderator:** Yuriy P. Vdovychenko

**Speaker:** Nataša Jokić-Begić

14:30 - 15:00 | **Coffee Break**

15:00 - 16:00

**Topic: Panel Discussion:** "Current Trends in Metacognitive Research and Clinical Applications"

**Moderator:** Dražen Begić

**Speaker:** Branko Stanic

16:00 - 16:30 | Discussion and Q&A



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### 01 March 2026

09:00 - 09:30 | Opening Speeches : Yuriy P. Vdovychenko

09:30 - 10:30

**Topic:** Metacognitive Profiling and Assessment in Clinical Practice

**Moderator:** Giovanni Fav, Hakan Türkçapar

**Speakers:** Kadir Özdel

10:30 - 11:00 | **Coffee Break**

11:00 - 12:00

**Topic:** Repetitive Thinking from a Metacognitive Perspective

**Moderator:** Kadir Özdel, Grega Repovš

**Speaker:** Ercan Altinoz

12:00 - 12:30 | Discussion and Q&A

12:30 - 13:30 | **Lunch Break**

13:30 - 14:30

**Topic:** Metacognitive Beliefs and Their Role in Emotional Disorders

**Moderator:** Ercan Altinoz, Anita Lauri Korajlija

**Speaker:** M. Hakan Türkçapar

14:30 - 15:30

**Topic:** Innovations in Metacognitive Therapy: Techniques and Clinical Applications

**Moderator:** Irena Diža, Hakan Türkçapar

**Speaker:** Ercan Altioz

15:30 - 16:00 | Discussion and Q&A

16:00 - 16:15 | **Coffee Break**

16:15 - 17:00

**Topic:** Managing Metacognitive Beliefs about Medication Side Effects in Depression

**Speaker:** Jovan Raicevic

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## SCIENTIFIC PROGRAM

### 2 March 2026

09:00 - 09:30

**Topic:** Metacognitive Interventions in Neurological Rehabilitation

**Moderator:** Jovan Raicevic

**Speaker:** Tihana Jendričko

09:30 - 10:30

**Topic:** The Role of Rumination and Worry in the Diagnosis of Depression

**Speaker:** Irena Diža

10:30 - 11:00 | **Coffee Break**

11:00 - 12:00

**Topic:** The Link Between Systemic Inflammation and Maladaptive Metacognitive Processes

**Moderator:** Grega Repovš

**Speaker:** Dragana Markanović

12:00 - 12:30 | Discussion and Q&A

12:30 - 13:30 | **Lunch Break**

13:30 - 14:30

**Topic:** Synergies Between Psychopharmacology and Metacognitive Therapy

**Speaker:** Dražen Begić