



UKRAINIAN ASSOCIATION
OF CONTINUING
PROFESSIONAL EDUCATION
OF DOCTORS
AND PHARMACISTS

METACOGNITIVE PROCESSES IN CLINICAL PRACTICE: AN INTERNATIONAL SYMPOSIUM

28 February, 2 March 2026, Grand Plaza Hotel, Ljubljana



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SCIENTIFIC PROGRAM

28 February 2026

12:30 - 13:30

Topic: Depression Treatment from a Holistic Perspective: Antidepressants and Therapies

Moderator: Nataša Jokić-Begić

Speaker: Gregor Žvelc

13:30 - 14:30

Topic: Integrating Metacognitive Therapies into European Health Systems

Moderator: Yuriy P. Vdovychenko

Speaker: Nataša Jokić-Begić

14:30 - 15:00 | Coffee Break

15:00 - 16:00

Topic: Panel Discussion: "Current Trends in Metacognitive Research and Clinical Applications"

Moderator: Dražen Begić

Speaker: Branko Stanic

16:00 - 16:30 | Discussion and Q&A



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01 March 2026

09:00 - 09:30 | Opening Speeches : Yuriy P. Vdovychenko

09:30 - 10:30

Topic: Metacognitive Profiling and Assessment in Clinical Practice

Moderator: Giovanni Fav, Hakan Türkçapar

Speakers: Kadir Özdel

10:30 - 11:00 | Coffee Break

11:00 - 12:00

Topic: Repetitive Thinking from a Metacognitive Perspective

Moderator: Kadir Özdel, Grega Repovš

Speaker: Ercan Altinoz

12:00 - 12:30 | Discussion and Q&A

12:30 - 13:30 | Lunch Break

13:30 - 14:30

Topic: Metacognitive Beliefs and Their Role in Emotional Disorders

Moderator: Ercan Altinoz, Anita Lauri Korajlija

Speaker: M. Hakan Türkçapar

14:30 - 15:30

Topic: Innovations in Metacognitive Therapy: Techniques and Clinical Applications

Moderator: Irena Diža, Hakan Türkçapar

Speaker: Ercan Altioz

15:30 - 16:00 | Discussion and Q&A

16:00 - 16:15 | Coffee Break

16:15 - 17:00

Topic: Managing Metacognitive Beliefs about Medication Side Effects in Depression

Speaker: Jovan Raicevic



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2 March 2026

09:00 - 09:30

Topic: Metacognitive Interventions in Neurological Rehabilitation

Moderator: Jovan Raicevic

Speaker: Tihana Jendričko

09:30 - 10:30

Topic: The Role of Rumination and Worry in the Diagnosis of Depression

Speaker: Irena Diža

10:30 - 11:00 | Coffee Break

11:00 - 12:00

Topic: The Link Between Systemic Inflammation and Maladaptive Metacognitive Processes

Moderator: Grega Repovš

Speaker: Dragana Markanović

12:00 - 12:30 | Discussion and Q&A

12:30 - 13:30 | Lunch Break

13:30 - 14:30

Topic: Synergies Between Psychopharmacology and Metacognitive Therapy

Speaker: Dražen Begić